



FACEMASK INSTRUCTIONS

A facemask is a removable appliance designed to increase forward growth of a patient's top jaw. This will help align the jaws better and will also help correct any crossbite that may exist. It is our desire to obtain the best possible result from the orthodontic treatment, and in order to achieve this result, it is essential that a cooperative relationship exist between the orthodontist, the patient, and even the parents. By working together, we can attain the very best smile for each patient.

DIRECTIONS

First, connect the elastic rubberbands to either side of the expander hooks. Then position the facemask on the forehead and chin by aligning the pads. Lastly, stretch the rubberbands from the expander hooks to the appropriate hooks on the facemask.

The facemask should be worn as much as possible in order to achieve the best result. It is not necessary to wear it to school or out in public, however you do need at least 12 hours of use per day. It should primarily be worn while sleeping plus any additional hours around the house while doing things such as reading, homework, playing video or computer games, watching TV etc.

Do not play or roughhouse with your facemask on.

Be sure to keep your facemask in a safe place so that it will not get lost or damaged.

Always bring your facemask with you to your orthodontic appointments so that Dr. Ricci can check it and adjust it if necessary.

THERE WILL BE A CHARGE TO REPLACE LOST OR BROKEN FACEMASKS

CARE

If you develop a rash on your chin or forehead, sprinkle corn starch on the pad or you may also place a baby sock or other cotton material over the pad. Be sure to clean your skin before attaching the facemask.

If you have any questions or concerns, please call our office at 678-417-9848.